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Week ending Friday September 14, 2018

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PREDATOR

Police urge other victims to come forward after paedophile is convicted

A PAEDOPHILE has been jailed for more than 20 years for a "protracted campaign" of sex offences against children spanning just under a decade.

Rupert Deeble, 51, of Margaret Bondfield Avenue, Barking, was found guilty of two counts of raping a child under the age of 13, three counts of assault by penetration, four counts of sexual activity with a child, and of causing a child to watch a sexual act, earlier in the year.

The sexual predator was sentenced to 23 years' imprisonment at Snaresbrook Crown Court on Tuesday, September 4.

The judge also decided Deeble should be classified a dangerous offender.

The crimes were committed against three female victims, aged between 12 and 15, when the offences took place between 2008 and 2017.

An NSPCC spokesperson described Deeble's crimes as a

"protracted campaign of abuse" and praised the bravery shown by the victims.

He was arrested on March 6, 2017.

Detective Constable Jasmine Abbey said: "I would like to thank the victims and their families for their strength and courage in speaking to police and the court about these horrendous crimes committed by Deeble."

"Deeble has completely shattered the lives of these young people and their families and I hope that with this verdict and sentence they now finally feel some sort of closure and are able to start trying to rebuild their lives."

Detective Constable Nancy Smith added: "We strongly believe that there are other victims that have not yet been able to come forward and we urge anyone who has been a victim or knows anything about any other crimes that Deeble may have committed to contact police."



JAILED: Rupert Deeble

Council and Met join to tackle antisocial behaviour

by Lewis Berrill

barking@yellowad.co.uk

A JOINT council and police operation over two weeks and investing almost 900 officer hours resulted in three arrests and hundreds of penalties, confiscations and dispersal orders.

Barking and Dagenham Council and the Met Police tackled antisocial behaviour in Barking town centre between August 20 and September 2.

The operation secured three arrests, including two for breach of

court orders. Officers also carried out 298 Public Space Protection Order (PSPO) Fixed Penalty Notices (FPN) and alcohol seizures.

A knife was found in a nearby cemetery and one man was fined and given a dispersal notice after defecating in the street.

Barking town centre has been subject to a PSPO since March this year, giving police and council enforcement officers the power to issue £100 fines to antisocial offenders.

Councillor Margaret Mullane, cabinet member for enforcement and community safety, said: "We

are determined to clean up our borough and send a clear message to the small minority of people who continue to flout the law and cause misery for others – we will not stand for it and we will catch you."

"We're pleased this joined-up approach has proved to be so successful and we will look to carry out further operations in the future as part of our zero-tolerance approach to crime and antisocial behaviour."

Officers conducted 31 stop-and-searches and issued 38 dispersal notices, banishing antisocial offenders from the area for 24 hours.

A police spokesperson said: "This

joint initiative was a great success and was well received by the local community. It demonstrates that where the community has concerns, and these are flagged to police, we will work with our partners to address such concerns."

"Officers from the Metropolitan Police will continue to work in partnership with Barking and Dagenham Council to make the borough a safer place to live, shop and work."

"Residents can expect similar operations to take place at differing locations, prone to antisocial behaviour throughout the year."

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Safety advice to uni students who rent

STUDENTS heading back to university are being urged to check correct safety measures have been followed before moving into rental accommodation.

The advice comes after a survey of students revealed nearly two thirds experienced issues with property they live in, ranging from damp and heating system problems to poor security.

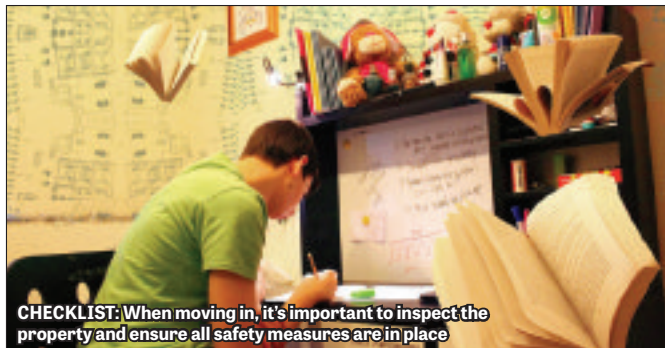
With maintenance grants scrapped and tuition fees rising, there is concern students will sign contracts for cheaper housing without properly inspecting the property in an effort to save money.

This could result in students living in potentially unsafe accommodation, which might put their health at risk, or create disruption if they have to move out if the house is uninhabitable.

Of particular concern are poorly maintained heating systems that could be life-threatening if they emit harmful carbon monoxide fumes.

To help with their property search, OFTEC, the trade body for the oil heating industry, has issued a checklist which outlines legal requirements landlords must follow and key red flags to look out for:

1. Every floor must have a working smoke alarm. Carbon monoxide alarms are mandatory in rooms using solid fuel.
2. There must be clear access to a fire escape route at all times.
3. Upholstered furniture such as beds and sofas must have appropriate fire safety labels attached.



CHECKLIST: When moving in, it's important to inspect the property and ensure all safety measures are in place

4. Check all electrical appliances work correctly as it is the landlord's responsibility to ensure they are in good condition. Electrical Safety First also recommends portable electrical appliances provided by landlords are tested regularly.
5. For a mains gas heating system, the boiler must have been serviced by a Gas Safe registered engineer. If you move into one of the 23,000 oil-heated homes in Essex, an OFTEC registered technician should service the system.

When viewing the property, ask to test the heating and check that radiators warm up.

Malcolm Farrow, from OFTEC, said: "Whilst the vast majority of landlords are fully responsible, unfortunately

there are some unscrupulous owners who will try to dupe students into living in potentially unsafe accommodation full of problems. With rising costs and university towns, affordable housing is often in short supply so it's easy to feel pressured into taking the first property you find.

"But, when moving in, it is important to inspect the property and ensure all safety measures are in place and everything is working correctly. In particular, check the heating system is working because you might not turn it on and notice any problems until later in the year once the weather gets colder."

For further advice visit www.oftec.org.

Cancer survival rates rise

MORE people than ever are surviving cancer in Waltham Forest but the borough remains behind national survival rates.

Health commissioners in Waltham Forest received an All Party Parliamentary Group on Cancer award for a third year running for the improving survival rates.

Figures show 70.4 per cent of residents survive cancer a year after diagnosis, the highest one-year survival rate recorded. Ten years ago it was 58 per cent. The national average is 72.3 per cent.

Dr Mayank Shah, clinical lead for cancer at the CCG, said: "It's good to see that more people than ever before are now surviving cancer a year after diagnosis. It is also encouraging to see that our one-year survival rate is now even closer to the national average but if we are to maintain the good progress we have seen in recent years, we need to ensure that people with cancer are diagnosed earlier."

"For many cancers, such as cervical and bowel, early diagnosis depends on people taking part in the free NHS screening services available in Waltham Forest."

"Early diagnosis and ensuring patients have access to the best available treatment are essential to further improvements in survival rates so we would encourage people to take up these opportunities to increase their chance of beating the disease."

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CCTV to create a 'ring of steel'

A £1.5MILLION scheme to catch criminals in the act and fine people flouting traffic laws is being launched.

Redbridge Council hopes its project will create a "ring of steel" around the borough to improve safety and tackle crime.

The promise of CCTV cameras by council leader Jas Athwal was made in response to rising crime in Redbridge.

It will include automatic number plate recognition technology in traffic offence blackspots.

Cllr Athwal said: "We are on course for implementation in October or November and will also see an upgrading of existing cameras and infrastructure, plus new ANPR and new re-deployable cameras.

"We are driving down costs all the time so we are increasing the number of new cameras continually."

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£159**	£159	£2,100†	£12,682	£10,423	NIL
TOTAL AMOUNT PAYABLE	OPTIONAL FINAL PAYMENT	ANNUAL MILEAGE	DURATION OF AGREEMENT	FIXED RATE OF INTEREST	REPRESENTATIVE APR (FIXED)
£13,803	£4,071	5,000*	48 MONTHS	3.83%	3.9%

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£219**	£219	£600†	£15,473.45	£14,654.45	NIL
TOTAL AMOUNT PAYABLE	OPTIONAL FINAL PAYMENT	ANNUAL MILEAGE	DURATION OF AGREEMENT	FIXED RATE OF INTEREST	REPRESENTATIVE APR (FIXED)
£17,067	£5,955	5,000*	48 MONTHS	3.83%	3.9%



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Representative Finance Example

CUSTOMER DEPOSIT	47 MONTHLY PAYMENTS OF	FINANCE DEPOSIT ALLOWANCE	CASH PRICE	AMOUNT OF CREDIT	FEES
£249**	£249	£3,000†	£19,893	£16,644	NIL
TOTAL AMOUNT PAYABLE	OPTIONAL FINAL PAYMENT	ANNUAL MILEAGE	DURATION OF AGREEMENT	FIXED RATE OF INTEREST	REPRESENTATIVE APR (FIXED)
£21,701	£6,749	5,000*	48 MONTHS	3.83%	3.9%

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Representative Finance Example

CUSTOMER DEPOSIT	47 MONTHLY PAYMENTS OF	FINANCE DEPOSIT ALLOWANCE	CASH PRICE	AMOUNT OF CREDIT	FEES
£259**	£259	£1,700†	£21,282	£19,323	NIL
TOTAL AMOUNT PAYABLE	OPTIONAL FINAL PAYMENT	ANNUAL MILEAGE	DURATION OF AGREEMENT	FIXED RATE OF INTEREST	REPRESENTATIVE APR (FIXED)
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Charity riders bring light to children in South Africa

CHARITABLE cyclists rode from Walthamstow to Essex to raise money for children in South Africa.

They turned out in large numbers for the fifth Thuso Solar Cycle Ride on Sunday, September 9.

The sun was out as Cllr Richard Sweden, a former Waltham Forest mayor, was joined by Thuso charity chairman, Mmapula Tladi-Small, to set the cyclists on their way.

The Solar Cycle Ride supports the charity's push to provide solar lamps for children and families in South Africa, as children without light cannot learn.

There were two routes for cyclists to choose from. A 15-mile family ride to High Beach,

Epping Forest and a 40-mile ride to North Weald in Essex, via High Beach and returning via Theydon Bois.

Thuso, which means "helping hand" in Sesotho, one of South Africa's 11 official languages, raised more than £1,000 with last year's ride.

Gerard Omasta-Milsom, Thuso cycleryde co-ordinator, said: "We have set ourselves a target of £2,000 this year, which we hope to achieve. These funds will have a tremendous impact on the poor communities we support in South Africa, by providing them with much needed solar lights."

Donations can still be made at: <https://mydonate.bt.com/events/thusobikeride2018>.



PEDAL: Cyclists on the Thuso Solar Cycle Ride from Walthamstow to Essex

ADVERTISEMENT FEATURE



Budgeting support with Universal Credit

A range of support services are available to help you budget right from the start of your Universal Credit claim.

Universal Credit supports you if you are on a low income or out of work and is paid as a single monthly payment. It will usually be up to you to pay your rent and bills for the month using this money. You may be used to managing your money on a monthly basis, but if not there is plenty of help available. You can talk to your work coach about the type of help you might need. Options could include an online service, advice sessions by phone, or face-to-face support.

To keep track of finances Nick Hill at the Money Advice Service advises claimants to:



Draw up a budget of your household income and outgoings to make sure you can pay all your bills and manage your money across the month.

Work out your priorities. Top of your list should be paying your rent on time. To adjust to monthly payments, you could ask your landlord to move the day your rent is due closer to the day your Universal Credit is paid. This way, it's always the first thing you sort out when your money comes in. If you're ever in

trouble with housing and are worried about your situation speak to your landlord straight away.

Consider setting up Direct Debits/standing orders. This means your most important bills are paid automatically. It can also be useful to keep reminders on your calendar or phone for when these payments are coming out to help keep an eye on your bank balance. If your bank provides an app, make use of it to help avoid going into the red.

Couples must prepare for joint payments. If you're in a couple and both of you receive benefits, Universal Credit means that you'll now need to make a joint claim and will get a single monthly payment for your household. This might mean you need to manage your money together more closely than in the past. A joint account can make this much easier, as long as you are like-minded when it comes to spending and can agree to a budget. If you're worried about this speak confidentially to your work coach.

To help you manage your Universal Credit payments, you can use the Money Manager budgeting tool found on the Money Advice Service website.

See how Universal Credit can open up work for you. Search online for 'Understanding Universal Credit'.



You can claim up to 85% of your childcare costs with Universal Credit

If you are working, Universal Credit can help with the costs of childcare, no matter how many hours you work.

See how Universal Credit can open up work for you

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UC Universal Credit

Opening up work_

Trust goes cap in hand to government for £94m loan

by Alice Richardson

Local democracy reporter

A HOSPITAL trust in special measures has been forced to ask the government for nearly £100 million in loans to keep it afloat.

Barking, Havering and Redbridge University Hospitals Trust (BHRUT) has had to request for £94 million in support from the Department of Health and Social Care.

This will be at an interest rate of six per cent for the next financial year.

The request is part of the trust's plan to reduce its financial difficulties and meet its financial targets for 2018/19.

The trust has said it plans to use the funds to cover the £13 million cost of a dispute with commissioners that it lost earlier this year, cover the trust's in-year deficit plan of £53 million and to repay a previous loan of £28 million.

Last year, the trust's annual turnover was £570 million.

Currently, the trust is running with an average £6 million

deficit every month.

Due to the trust being in special measures, it is being charged the highest possible interest rate by the government.

This amounts to a staggering £5 million per year.

Campaigner Andy Walker has been fighting for scrutiny of BHRUT for more than seven years.

He said: "I say it is a disgrace that King George and Queen's are not

being given enough money to provide a good service.

"Instead, they have applied for a £94 million loan. This six per cent loan charge means £5 million a year which should be spent on care is now going to go to the government in interest payments."

A spokesman for BHRUT confirmed the loan and the interest amounts, adding that it would be inappropriate to comment further at this time

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*Destination of Leavers from Higher Education, 2017



Ryan Gordon

Like many young boys, Ryan Gordon had dreams of becoming a professional football player. And like so many others, Ryan's dreams didn't quite come true. But he didn't give up on his passion - he's now Head of Football at the University of East London (UEL).

Born in Forest Gate in the 1970s, Ryan was a keen player while at school. By the age of 16 he was playing for his county. At the age of 18 he was playing semi-pro and had trials at Watford and Wimbledon. But despite his talent, the professional contract never came.

At 26 Ryan decided to give up his dreams of being a professional player and decided to become a coach. His first job was at Ilford football club which was followed by roles at Arsenal's academy, AFC Wimbledon, Barnet Academy, Luton and Norwich. But Ryan felt he needed something more to really advance his career.

"I went for a job at premiere league club and I didn't get it. I realised that to really make an impact, I needed a degree. I wasn't academic at school. But I later realised that academia plays a huge part in securing a job."

In 2013 he enrolled at UEL to do a BSc in Sport and Exercise Science. But three years later, at his graduation ceremony, he realised that he wasn't done with education just yet.

"I remember sitting at the ceremony, looking around and thinking, 'there are hundreds of people here graduating, how am I different from everybody else?' I thought I need to take another step up.

So Ryan re-enrolled to do an MSc degree in Applied Positive Psychology and Coaching. He now thinks these qualifications make him a better coach.

"It's given me a depth of knowledge, it gives me confidence. I can actually link my practice back to the theory. I'm able to understand the players better. You don't just coach the game, you are coaching people."

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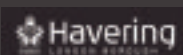
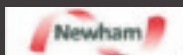
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PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) REGULATIONS 1990 NOTICE UNDER REGULATION 5 and 5A TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2015 NOTICE UNDER ARTICLE 15

The following applications for planning permission affect the character or appearance of the following conservation areas:

Aldersbrook

3540/18 Applicant Moraise Location 84 Harpenden Road E12 5HN **Proposal** Single storey rear extension. Loft conversion incorporating rear dormer with 3 no. roof-lights at the front

3317/18 Applicant Mr Amed Location 25 Northumberland Avenue E12 5HD **Proposal** Side/rear roof dormer with 3 no. roof-lights at the front
3231/18 Applicant Brockway Location 43 St Margaret's Road E12 5DR **Proposal** Single storey rear extension

The Bungalow Estate (Formerly Mayfield)

3514/18 Applicant Mr Sadiq Location 85 Water Lane IG3 9HT **Proposal** Single storey rear extension
3469/18 Applicant C/O Agent Location 36 Egerton Gardens IG3 9HP **Proposal** Front boundary wall and landscaping works

3312/18 Applicant Mr Pillai Location 44 Parkway IG3 9HU **Proposal** Alteration to front garden wall. Solar panels and timber decking to rear elevation. Maintenance works to front driveway

Claybury

3288/18 Applicant Bal Location 11 Regents Drive IG8 8RZ **Proposal** Part two-storey side/rear extension

Snaresbrook & Listed Building Consent

3464/18 & 3465/18 Applicant Mitchells & Butlers plc Location 73 Hollybush Hill E11 1PE **Proposal** External landscaping and redecoration works. Replacement of exhaust flue fan. Internal alterations and refurbishment of ground floor

Wanstead Grove

3472/18 Applicant Mr Marsh Location 44 Buckingham Road E11 2EB **Proposal** Loft conversion with one rear and one side dormer. One rear and two front roof lights. Two storey side rear extension

Wanstead Village

3348/18 Applicant Mr & Mrs O'Neil Location Cedar Cottage 1 - 3 The Green E11 2NT **Proposal** Variation of (Condition 4) or approved application 1663/18: alterations to hours of use

Woodford Broadway

3492/18 Applicant Mr Thankarajah Location 63 Monkams Drive IG8 0LD **Proposal** Single storey side/rear extension

Woodford Green

3250/18 Applicant Mrs Taylor Location 41 Empress Avenue IG8 9DZ **Proposal** Use of an outbuilding for business purposes: a part time Psychotherapy/Counselling (use class D1) (retrospective)

Applications for planning permission for major development

3598/18 Applicant RGB HiFi & Video Ltd Location 543-549 High Road IG1 1TZ **Proposal** Demolish existing structures. Erection of part 4, part 8 and part 9 storey building with retail space (A1) on ground floor and 29x1, 52x2 and 13x3 bedroom flats on upper floors
3590/18 Applicant Sevar Ltd Location 550-552 High Road IG3 8EG **Proposal** Demolish existing structures. Erection of 7 and part 8 storey block containing commercial units (A1) on ground floor and 18x1 and 2x2 bedroom flats on upper floors

3407/18 Applicant Eastect Development Ltd Location 7 Morland Road IG1 4JU **Proposal** Demolish existing structures. Erection of part 3 and part 4 storey block containing 8x1 and 14x2 bedroom flats

Applications can be inspected online at www.redbridge.gov.uk/planning. If you require information contact Planning Services on 020 8708 2884. Representations should be made to Planning Services within 21 days of the date of this notice. Joanne Woodward – Strategic Head of Planning & Building Control. Date: 13 September 2018 DM No. 80192245

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LETTERS TO THE EDITOR @

I just wanted to let you know that the party was brilliant last night. Everyone I have spoken to has not stopped talking about how much fun they had. So much so that we would like to hold the same date for next year. Is this possible?

... Absolutely awesome night last night... you guys smashed it out of the ball park and I think everyone had the most amazing time.

... It was an amazing night! The feedback we've had is that it was the best party yet! It's been lovely working with you and your team – so much easier this year – how does that work?

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Sat	8th	Dec	£59.95	£71.94	Mixed Group	Sat	22nd	Dec	£54.95	£65.94	Mixed Group

SILVER PRICES: Our famous Mixed Group Party nights - open to groups of as few as eight guests

GOLD PRICES: Exclusive Hire nights - available to groups of 300+ guests (based on full capacity)

If you are a private individual you will pay the prices listed under the 'Consumer Price' (including VAT) column.

If you are a business (VAT registered), you will initially pay the higher consumer price but will then re-claim the VAT.

Therefore it is the price listed under the 'Business Price' (excluding VAT) column that your company will end up having paid.

Provisional bookings can be held for 7 days. Deposits are non-refundable.



Scan here for full list
of dates and prices



BOOK YOUR BEST CHRISTMAS PARTY EVER TODAY!

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DELICIOUS
HOT AND
COLD
CANAPÉS

BEST
PARTIES
EVER.COM

SUPERB
FOUR
COURSE
DINNER

Midnight in Monte Carlo

BARLEYLANDS • BILLERICAY • CHRISTMAS 2018

THE MENU

Our exquisite menus have been specially designed by our award-winning catering partner, Tapenade Cuisine. Winners of the 2017 Event Caterer of the Year Award and part of the Eventist Group, we are proud to present a variety of options for our Christmas Parties in addition to catering for both corporate and private events throughout the year.

CANAPÉS

Mini Brioche Croque-Monsieur
Parmesan Arancini with Aioli
Cumberland Sausages with Honey Mustard
Roasted Vine Tomato and Clementine
Espresso

STARTER

Twice-baked Cheese and Basil Torte with
Red Pepper Relish, Parmesan Tuile and
Micro Herbs (V)

MAIN COURSES

Thyme Grilled Breast of Chicken with
Roasted Roots, Green Beans, Dauphinoise
and Red Wine Jus

Pumpkin Tortellini with Wilted Rocket, Sage
Pesto, Green Beans and Shaved Parmesan
(V)

DESSERT

Mulled Cherry and Chocolate Marquise with
Sweet Cherry Syrup and Crushed Cinder
Toffee

FINALÉ

British and Continental Cheese Buffet
with Celery and Grapes from an ongoing
station (from 10pm-11pm)

COFFEE AND TEA

Fair Trade Coffee, Tea and Tisanes from
an ongoing station (from 10pm-11pm)

SURVIVORS BREAKFAST

Brioche Baps of Grilled Bacon or
Vegetarian Sausage

We will accommodate any dietary requirements that we are notified of in advance.



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IDEAL
FOR GROUPS
OF
8 - 1,000

Midnight in Monte Carlo

BARLEYLANDS • BILLERICAY • CHRISTMAS 2018

THE PARTY...SOMETHING FOR EVERYONE!

Take your seats in our richly furnished and stunningly glamorous dining room and enjoy an exquisite gourmet four course dinner.

Our chefs have created a sumptuous menu including starters such as twice-baked cheese and basil torte with red pepper relish, and parmesan tuile with micro herbs.

Mouth-watering main courses include thyme grilled breast of chicken with roasted roots, green beans, dauphinoise and red wine jus, or pumpkin tortellini with wilted rocket, sage pesto, green beans and shaved parmesan.

While a decadent dessert of mulled cherry and chocolate marquise with

sweet cherry syrup and crushed cinder toffee is served, you will be entertained by our thrilling cast of world-class live performers.

After dinner, head to the charity casino, jump on our dodgems, or simply dance the night away to the great sounds from our resident DJ.

For survivors, a special breakfast is served in the small hours before carriages home!

Our Christmas parties in Billericay are available from 29 November through to 22 December 2018 with options for exclusive bookings. Visit our website to check the latest availability and to book your Christmas party.

THE PACKAGE

Spectacular Theming and Scenery
Professional Production and Set Lighting

World-class Live Entertainment

Delicious Hot and Cold Canapés

Superb Three Course Dinner

Christmas Crackers

Cheese Buffet

Survivors Breakfast

Dodgems • Professional Photographer*

Charity Casino with Blackjack and Roulette*

State-of-the-art Disco with Intelligent Lighting

Full Event Management • On-site Security

Free Car Parking

Dress code: smart dress - no jeans or trainers

*A small charge applies



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